



SKIPPER

CO-SKIPPER



RSO 1	CR	DIV 240
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Name of the boat:		Sail No.:
Registered name of the boat:		
MMSI:	VHF CALL SIGN:	
Person in charge for the controls:		Tel. No.:
Inspector:		Date:

COMMUNICATION TESTS WITH RACE OFFICE:		Transmission	Reception
VHF DSC	25 watts, MMSI checked	<input type="text" value="OK"/>	<input type="text" value="OK"/>
Hand-held VHF	(grab bag)	<input type="text" value="OK"/>	<input type="text" value="OK"/>
Hand-held VHF	N°2 (chart Table)	<input type="text" value="OK"/>	<input type="text" value="OK"/>
AIS	MMSI checked	<input type="text" value="OK"/>	<input type="text" value="OK"/>
AIS name of the boat registered:			
Satellite phone	(chart table)	<input type="text" value="OK"/>	<input type="text" value="OK"/>
Hand-held satellite phone	(non compulsory)	<input type="text" value="Y/N"/>	<input type="text" value="OK"/>
Other mean	(non compulsory)	<input type="text" value="Y/N"/>	<input type="text" value="OK"/>

SEALS			
Liferaft	in position		<input type="text" value="OK"/>
Additional grabbag to liferaft	closed		<input type="text" value="OK"/>
	in position		<input type="text" value="OK"/>
Non-structural fixed tanks of 40 litres / 10.4 US Gallon	in position		<input type="text" value="OK"/>
Emergency drinking water (2 litres / person)	closed		<input type="text" value="OK"/>
Heavy anchoring equipment	in position		<input type="text" value="OK"/>
Propeller shaft sealing preparation (installation of loops if necessary)			<input type="text" value="Y/N"/>

Failling points to comply with all the rules (OSR, CR, DIV240) after the first inspection:

Date and time for the 2nd inspection:

I, the undersignedskipper / representative of the skipper, acknowledge having checked the seals applied.

Agreed and signed:

Date:

REMINDERS:

The presence of skipper or co-skipper is mandatory during the controls.

SEARCH AND RESCUE VISIBILITY (SAR)

An area of 1 m² in a single piece of highly visible pink, orange or yellow can be displayed on the deck, deckho 4.02.1

SAIL LETTERS AND NUMBERS

On the mainsail: national letters and sail numbers in Helvetica font 4.01

Name of the boat: must be marked at least on the transom

SHIP CLASS

CE manufacturer plate: Present on the side of the starboard cockpit indicating the CIN number 6.1

OFFICIAL LOGOS

Boats must carry advertising provided by the OA 4

PULPITS AND STANCHIONS in stainless steel only.

3.14.1.d

LIFEGUARDS mini. Ø 4 mm / 0.15", in stranded stainless steel, except for a maximum of 100 mm of wire at each end, replaced every year. They must be taut: deflection of 50 mm for the upper die, 120 mm for the intermediate die. 3.14.6.a/d

TOE RAIL A permanently fixed toe rail with a minimum height of 25 mm, located as close as possible to the stanchion bases, around the foredeck from abeam the mast 3.17.1

JACKSTAYS AND CLIPPING POINTS

Independent on both sides of the deck and securely fastened.

In stainless steel mini. Ø 5mm / 0.2" or strap (Dyneema or Spectra) with breaking strain ≥ 20kN.

Clipping points enabling a crewmember to clip on before coming on deck and to unclip after going below.

Clipping points enabling 2/3 of the crew to be simultaneously clipped without depending on jackstays.

VHF ANTENNA a masthead antenna not less than 38 cm (15") long and co-axial feeder cable

with not more than 40% power loss

NAVIGATION LIGHTS

Conform to the COLREGs (Part C and Technical I) and installed according to this regulation.

Spare bulbs, not required for LED.

Reserve lights having the same specifications as above and that can be powered independently.

Navigation lights shall be switched on between 19hrs & 23hrs on THURSDAY 11 AND FRIDAY 12 APRIL 2024

ACCEPTABLE EXPIRY DATE OF USED EQUIPMENT

05/31/2024

CREW OVERBOARD IDENTIFICATION AND RECOVERY

2 lifebuoys with marine grade retro-reflective material and the boat's name on and within reach of the helmsman:

1 lifebuoy shall depend on **permanent buoyancy** and be equipped with:

a whistle, a self-igniting light and a drogue.

The 2nd lifebuoy shall be equipped with a whistle, a self-igniting light, a drogue and a pole and flag. The pole shall be either permanently extended or be capable of being fully automatically extended.

Each inflatable lifebuoy and any automatic device shall be tested and serviced at intervals in accordance with its manufacturer's instructions.

1 heaving line 15 to 25 m / 15' to 82' long, no less than Ø 6 mm / 1/4" and readily accessible from the cockpit.

1 recovery sling which includes:

1 buoyancy section no less 90 N (horseshoe) capable to hoist a crewmember aboard with marine grade retro-reflective material and the boat's name on.

1 **buoyancy line** no less than 36 m / 120' long.

BILGE PUMPS AND BUCKETS

2 permanently installed manual bilge pumps, one operable from above and the other from below deck.

The pump operable from below deck can be electric

Bilge pumps shall be readily accessible for maintenance and for clearing out debris

All removable bilge pump handles shall be retained by a lanyard.

2 strong buckets, each with a lanyard and of at least 9 l / 2.4 US Gallon capacity.

1 emergency pump with a minimum rated capacity of **200 l/min / 53 US Gallon, fixed or portable** and equipped

with: a hose long enough to discharge directly overboard or into the cockpit and

alligator clips if not operated by battery, main engine or separate engine power.

COMPANIONWAY HATCHES permanently affixed on hinges or tracks to the companionway bulkhead or

coachroof and which shall be operable from the exterior and interior even when the boat is inverted.

COCKPIT KNIFE: a strong, sharp knife which is sheathed, securely restrained and accessible from the deck or a cockpit.

LIFERAFT

1 liferaft be capable of being got to the lifelines or launched within 15 s.

OUTSIDE: in a rigid container **OR** in a valise stowed in a dedicated weather tight locker:

1 SOLAS liferaft containing at least one "SOLAS A" pack

OR 1 ISO 9650-1- A liferaft containing at least a Pack 1 (Pack > 24 h)

If pack 1 is not included in the raft (pack 2 <24h) , an additional grabbag whose composition is described in NOR Ax 3 shall be required.

The >24H pack can be a grab bag identified by the serial number of the raft and the name of the boat

The end of the liferaft painter shall be securely fastened to the boat.

Brand:	Type:	Serial No.:
Last servicing:	Next servicing:	

For "SOLAS" liferafts, annual inspection, for ISO 9650 liferafts, inspection every 3 years

INSIDE: the raft in a valise shall be capable of being passed through all bulkheads and hatchways, including the transom escape hatch:

Servicing certificates (original or copy) shall be on board.

MANDATORY SAILS

Mainsail reefing to reduce the luff by at least 50%. Or a Storm Trysail

Heavy weather jib with area, in unreefed condition, of 13.5% height of the foretriangle squared

Storm jib

SAFETY EQUIPMENT LOCATION CHART in durable waterproof material, displayed in the main accommodation and marked with the location of the principal items of safety equipment.

DRINKING WATER A minimum of 40 liters of water is required per person on board at the start of the race.

EMERGENCY DRINKING WATER At least 2 L (0.5 US Gal) per person of drinking water for emergency use in adedicated and sealed container or container(s).

	OK	4.04.1
	OK	4.04.2.a
	OK	4.04.2.c
	OK	4.04.2.b
	OK	4.04.3.c
	OK	3.29.02.b
		3.27
	OK	3.27.1
	OK	3.27.4
	OK	3.27.3
	OK	
		4.22
	OK	4.22.5
	OK	4.22.4.a
	OK	4.22.3
	OK	4.22.4.a
	OK	4.22.4.b
	OK	4.22.6
	OK	4.22.7
	OK	4.22.8
	OK	4.22.8.b/c
	OK	4.17/18
	OK	4.22.8.a
	OK	3.23
	OK	3.23.1.b
		Prescr 7 FFV
	OK	3.23.4
	OK	3.23.5
	OK	3.23.1.a
	OK	4.30.1
	OK	
	OK	4.30.1.d
		3.08
	OK	3.08.4
	OK	4.25
		4.20
	OK	4.20.3.e
	SLD OK	4.20.3.a
	OK	4.20.3.e
	OK	4.20.2.a
	SLD Y / N	4.20.2.b
	OK	4.21.1
	OK	4.20.3.d
	OK	4.20.5.a
	OK	4.20.3.a
	OK	4.20.5.b
	OK	4.26.1
	OK	4.26.2
	OK	4.26.3
	OK	4.12
	OK	6.2
	OK	3.21.3

LIFEJACKETS

1 lifejacket / crew member complying with ISO 12402-3 or equivalent (including EN 396 or UL 1180) and equipped with:

5.01
5.01.1.a

	LIFEJACKET 1	LIFEJACKET 2	SPARE LIFEJACKET
Level 150 N (mini)	OK	OK	OK
Brand			
Colour: Yellow / Orange	Y / O	Y / O	Y / O
Name written on			
Whistle	OK	OK	OK
Lifting loop or compatible with wearing the safety harness	OK	OK	OK
Reflective material	OK	OK	OK
Auto/manual gas inflation system	OK	OK	OK
Crotch / thigh straps	OK	OK	OK
Integral safety harness (ISO 12401)	OK	OK	OK
Emergency position indicating light (ISO 12402-8 ou SOLAS LSA)	OK	OK	OK
Sprayhood (ISO 12402-8)	OK	OK	OK

5.01.1
5.01.1.c
5.01.1.a
5.01.1.a
5.01.1.a
5.01.1.a
5.01.1.a
5.01.1.b
5.01.1.d

1 spare gas cylinder and activation head for each type of lifejacket.

5.01.2

SAFETY HARNESSES AND TETHERS

1 harness/person (ISO 12401 or equivalent) usually integrated in the lifejacket.

1 tether/person (ISO 12401 or equivalent) of less than 1m with self-closing hooks at each end

OR of 2 m with an intermediate self-closing hook.

A tether which has been overloaded shall be replaced. Indicator to be checked.

5.02
OK 5.02.1
OK 5.02.3.a
Y/N 5.02.3.b
OK 5.02.4

PERSONAL BEACONS

SKIPPER'S AIS PERSONAL BEACON

Brand:

Id. No.

OK

4.22.1b

Expiry date:

Location for AIS beacon

CO-SKIPPER'S AIS PERSONAL BEACON

Brand:

Id. No.

OK

4.22.1b

Expiry date:

Location for AIS beacon

SKIPPER'S PLB 406/121.5 MHZ:

Properly registered with the appropriate authority with the notation CAP MARTINIQUE

15 Hex Id.:

OK

4.22.1.d

Brand:

Expiry date:

Location for PLB beacon

CO-SKIPPER'S PLB 406/125 MHZ:

Properly registered with the appropriate authority with the notation CAP MARTINIQUE

15 Hex Id.:

OK

4.22.1.d

Brand:

Expiry date:

Location for PLB beacon

OPTIONAL INDIVIDUAL SURVIVAL EQUIPMENT for each crew member:

Skipper's immersion suit: insulation > 0,75 Immersed Clo value without warm underwear

Y/N

ID No.

Colour:

Brand:

Gloves and feet

OK

Co-skipper's immersion suit: insulation > 0,75 Immersed Clo value without warm underwear

Y/N

ID No.:

Colour:

Brand:

Gloves and feet

OK

Diving equipment (FFV recommendation) : lycra type garment with pocket for AIS beacon

Y/N

5.08

COMMUNICATIONS EQUIPMENT, GPS, BEACON, AIS

1 fixed VHF marine radio transceiver - DSC - 25 W -

If installed before 2015, can be without DSC, with cockpit speakers.

OK

3.29

Y/N

3.29.02

Call sign (4 letters or 2 letters + 4 figures):

OK

3.29.02.c

1 shared masthead VHF/AIS antenna via a low loss antenna splitter.	<input type="checkbox"/> OK	3.29.13.a	
1 emergency VHF/AIS antenna.	<input type="checkbox"/> OK	3.29.01	
1 AIS transpondeur. Class: A / B Name on AIS :	<input type="checkbox"/> OK	3.29.13	
1 satellite phone (chart table) - Type:	<input type="checkbox"/> OK		
No. <input type="text" value="00"/>			
1 GPS capable of recording the position of a man overboard within 10 seconds and displaying this position Activated from the cockpit.	<input type="checkbox"/> OK	4.22.2.c	
	<input type="checkbox"/> OK		
Other usable satellite means (not obligatory)			
No. <input type="text" value="00"/>			
1 depth sounder.	<input type="checkbox"/> OK	4.13.2	
1 knotmeter.	<input type="checkbox"/> OK	4.13.1	
1 passive radar reflector with:		4.10.1	
octahedral circular plates mini. Ø 30 cm/12",	<input type="checkbox"/> OK	4.10.1.a	
<u>OR</u> octahedral rectangular plates of minimum diagonal dimension 40 cm/16",	<input type="checkbox"/> OK	4.10.1.b	
<u>OR</u> a non-octohedral reflector with a documented Root Mean Square minimum Radar Cross Section area of 2 m² /22ft² from 0-360° of azimuth and +/-20° of heel.	<input type="checkbox"/> OK	4.10.1.c	
1 EPIRB which:	<input type="checkbox"/> OK	4.19	
is bi-frequency 406/121.5 MHz, water and manually activated,	<input type="checkbox"/> OK	4.19.1	
including an internal GPS,	<input type="checkbox"/> OK	4.19.2	
is properly registered with the appropriate authority with the notation CAP MARTINIQUE.	<input type="checkbox"/> OK	4.19.3	7.6
EPIRB 1 15 Hex Id.: <input type="text"/>	<input type="checkbox"/> OK		
Brand:		4.19.1	
	Water and manual activation	4.19.3	
	Registered to the boat's MMSI		
Location:			
	Expiry date:		
INSPECTION Was the structural inspection carried out by the boat owner pursuant to article 3.02.2 within 24 months before the start of the race or after a grounding, whichever is more recent.	<input type="checkbox"/> OK	3.02.03	
EQUIPMENT			
1 permanently securely installed cooking stove capable of being operated safely at sea, with fuel shutoff.	<input type="checkbox"/> OK	3.20.1	
1 fire blanket adjacent to cooking area.	<input type="checkbox"/> OK	4.05.1	
2 fire extinguishers, each with 2 kg of dry powder or equivalent, in different parts of the boat.	<input type="checkbox"/> OK	4.05.2	
Expiry date: _____ Expiry date: _____			
A permanently installed marine magnetic steering compass with deviation card.	<input type="checkbox"/> OK	3.24.a	
1 second compass .	<input type="checkbox"/> OK	3.24.b	
1 heavy anchoring equipment: Adapted to the size of the boat, it must include chain and cable,It shall be	SLD <input type="checkbox"/> OK	4.06	
1 light anchoring equipment with: anchor adapted for the boat sailboat + chain + nylon or polyester warp.	<input type="checkbox"/> OK	4.06	
The 2 unmodified anchors must be ready for immediate assembly and use in 5 minutes.	<input type="checkbox"/> OK	4.06.2	
A first-aid manual in the skipper's and co-skipper's language.	<input type="checkbox"/> OK	4.08	
Title: <input type="text"/>			
A first-aid kit according to medical regulations.	<input type="checkbox"/> OK	4.08	
Adequate hand holds fitted below deck.	<input type="checkbox"/> OK	3.22	
1 foghorn.	<input type="checkbox"/> OK	4.09	
4 red hand-held lights and 2 smoke solas	<input type="checkbox"/> OK	4.23	
Sea cocks or valves permanently installed on all through-hull openings below the waterline.	<input type="checkbox"/> OK	3.10	
Permanently installed toilet.	<input type="checkbox"/> OK	3.18	
Permanently installed bunks.	<input type="checkbox"/> OK	3.19	
1 tapered plug stowed adjacent to every through-hull opening.	<input type="checkbox"/> OK	4.03	
Paper charts of the entire course with chart plotting equipment.	<input type="checkbox"/> OK	4.11	
A IP 67 400 LUMENS search light with spare batteries/bulbs, suitable for searching at night for a person who has fallen into the water and for avoiding collisions.	<input type="checkbox"/> OK	4.07.a	
1 IP 67 waterproof flash light in addition to 4.07.a	<input type="checkbox"/> OK	4.07.b	
Tools and spare parts, including effective means to quickly disconnect the standing rigging.	<input type="checkbox"/> OK	4.16	
A portable solar panel or battery pack(s) sealed in pockets to provide backup power to the Iridium and Iridium Go phones	<input type="checkbox"/> OK	6.2	
An emergency tiller capable of being fitted directly onto the top of the rudder except:	<input type="checkbox"/> OK	4.15	
when the principal method of steering is in unbreakable metal	Y / N	4.15.1.a	
OR when there are 2 methods of controlling a rudder, neither of which shares components with the other except for the rudder stock.	Y / N	4.15.1.b	
Amount of diesel for the race in liters: <input type="text"/>			
The diesel can be distributed in the main tank of the boat as well as in additional cans if the capacity of the main tank is insufficient.			
Propulsion engine (mini. 20 kW).	SLD <input type="checkbox"/> OK	3.28.1	
Batteries shall be of the sealed type.	<input type="checkbox"/> OK	3.28.4.b	
1 battery dedicated to engine starting .	<input type="checkbox"/> OK	3.28.4.a	
Optional generator separate from the engine and installed according to the manual's guidelines.	Y / N	3.28.2	
Hydrogenerator on the stern of the boat. Quantity: <input type="text"/>	Y / N		
National flag and courtesy (spain, Portugal and african coast recommended)	<input type="checkbox"/> OK		
Recommended: 4 fenders, 3 dedicated moorings, flexible in length and diameter			